The following are the main ideas that we have covered throughout the semester. You may define and answer the questions below and use a cheat sheet on the final.

*Chapter 1:*

1. Describe the 5 psychological perspectives.
2. Explain how psychologists use the following descriptive studies to gather data:
3. case studies
4. observational studies
5. tests
6. surveys

*Unit 1 (Ch. 2 &3):*

1. What is psychoanalysis?
2. Define personality and trait.
3. Describe the Id, ego, and super ego.
4. Describe the following defense mechanisms:
   1. Repression
   2. Projection
   3. Displacement
   4. Reaction formation
   5. Regression
   6. Denial
5. What are some harmful influences that can effect prenatal development?
6. What is contact comfort?
7. Explain Mary Ainsworth’s study of attachment.
8. What does secure attachment look like? What does a child with insecure attachment look like?
9. Define separation anxiety.
10. List and describe the stages of Piaget’s Cognitive Stage Theory.
11. Define gender, sex, gender identity, gender typing, and gender schema.

*Unit 2 (Ch. 4 and 5):*

1. What are the effects/diseases that can be caused by the following neurotransmitters?
   1. Serotonin
   2. Dopamine
   3. Acetylcholine
   4. Norepinephrine
   5. GABA
   6. Glutamate
2. What is a circadian rhythm?
3. Describe sleep apnea and narcolepsy.
4. Explain what happens in each stage of sleep: stage 1, stage 2, stage 3, stage 4, and REM.
5. Briefly explain the following dream theories:
   1. Dreams a unconscious wishes
   2. Reflections of current concerns
   3. Mental housekeeping
   4. Activation synthesis theory

*Unit 5 (Chapter 10):*

Define the following terms:

1. Attribution theory
2. Self-serving bias
3. Validity effect
4. Conformity
5. Groupthink
6. Diffusion of responsibility
7. Deindividuation
8. Social identity
9. Ethnocentrism
10. Stereotype
11. Coercive persuasion
12. Prejudice

*Psychological Disorders:*

You need to know the specific disorder your researched and be able to answer the 5 questions about it:

1. Causes
2. Symptoms
3. Treatment
4. Diagnosis
5. Cure